Riverside Cancer Care Center

Healing Arts Garden

Design Workshop

Meeting Objectives

- 11:00 Project Overview
 - Goals
 - Findings / Survey Results
 - Preliminary Master Plan Review
- 11:45 Break (light lunch)
- 12:00 Open Discussion

Needs Desires for an Outdoor Healing Environment What Works / What Doesn't / Other Thoughts

1:45 Summaries / Conclusion

Healing Gardens

- Utilize a variety of garden features
- Reduce stress
- Have positive influences on patients, visitors, and staff
 - In a study on the use of hospital gardens, 95% of those interviewed reported a positive change of mood after spending time outdoors.
- Contain prominent amounts of real nature content such as green vegetation, flowers, and water

Vary greatly in size and can be outdoor or indoor spaces

Healing Gardens

Three Approaches to Design

- Traditional (labyrinth)
- Botanical / Ecological (use of plants)
- People Oriented (discovering the feelings and needs of the patient, staff, and families)







Healing Garden

Design

• Should be designed in a usercentered, supportive environment

 Research and input form patients and staff are key in the design process



Healing Gardens

Two Objectives

- Create a place
- Facilitate a process







Healing Arts Garden Design

Symbolic Elements of Healing

- Light
- Water
- Winding Path
- Bridge / Passageway







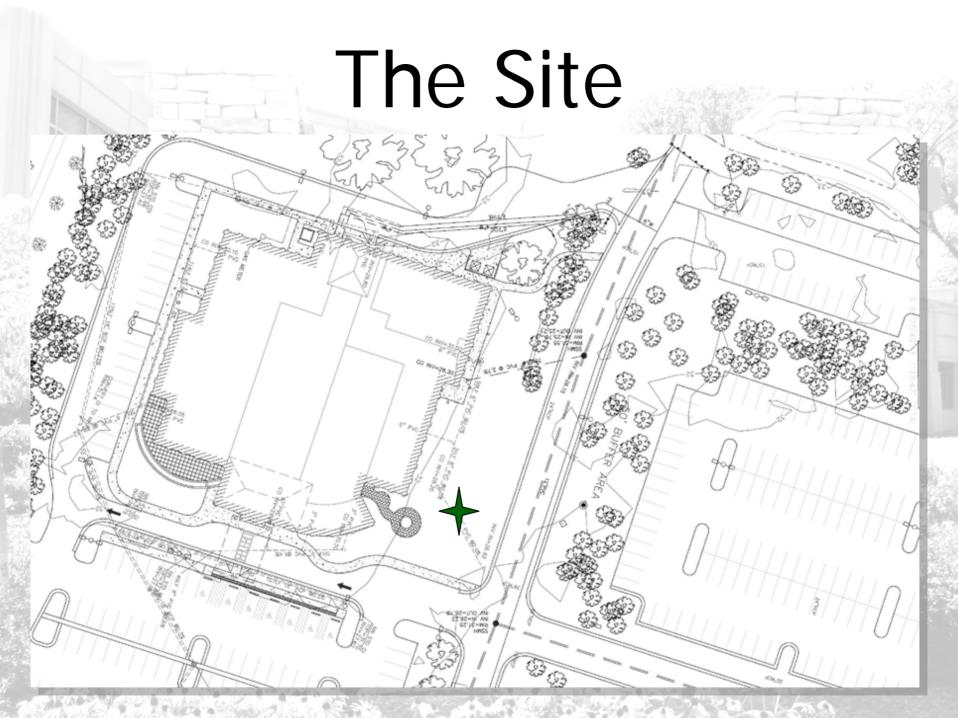


Healing Gardens

Goals

- Provide sense of comfort
- Redirect thought
- Reduce stress
- Uplifting environment
- Provide a sense of hope
- Space to socialize
- Space to reflect





The Site

Opportunities

 Visual and Physical Linkages









The Site

Constraints

- Adjacent parking / road
- Lack of shade
- Chemotherapy Treatment Location





Discoveries

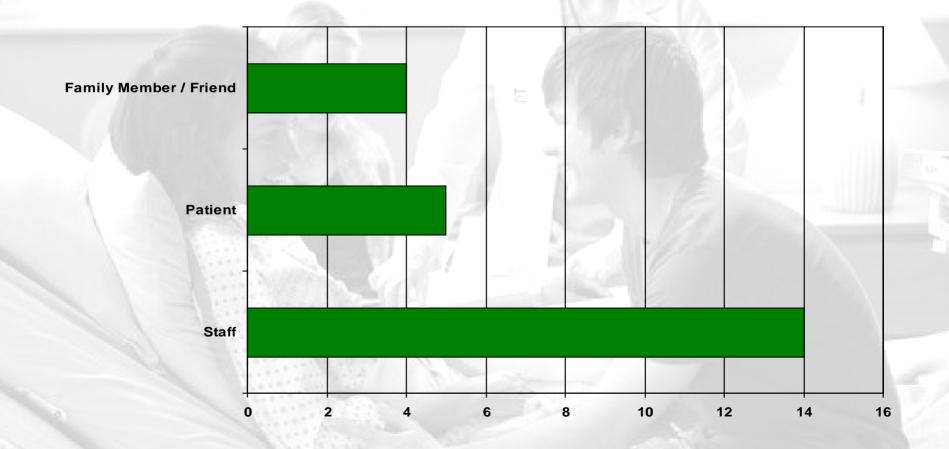
• Patients feel a loss of control and desire the ability to control / manipulate their environment

• Individuals in a distressed mind frame find distress in things others would not, i.e. dying flowers, abstract art, etc.

• Others?



Respondents Affiliations



Description of a healing environment

- Water
- Colorful shrubs and trees
- Soft fragrants
- Sounds sights of nature (birds, butterflies)
- Bells / chimes / sound of water
- Sun/shade
- Comfortable seating
- Private seating
- Breezes

Rituals

- Meditation
- Reading
- Observation of Nature
- Prayers
- Hands or feet in running water
- Walking

Important Garden Elements



Other Good Ideas

- Rocking Chairs
- Archway, symbolizing entrance into stress free environment

Elements or Qualities that would draw individuals into the space

- Water
- Comfortable Seating
- Quiet private space
- Flowers / attractive plants
- Vertical feature visible from parking area to attract attention

Visual Preferences for a healing environment













Visual Preferences for a healing environment



















Visual Preferences for a healing environment









Site Master Plan

Westhered

- Inviting entrance access to the building through the garden
- Public and private spaces
- Sanctuary special space
- Open Grassed Area
- Vegetated Wall
- Use of water and botanical materials

Garden Presentation

- Vegetated wall to buffer garden from adjacent roadway
- Stone columns to intrigue passers



Garden Entrance

- Wide welcoming entrance
- Vertical structure to attract attention



Garden Presentation



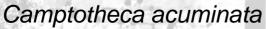
Garden Interior

- Winding Path
- Sitting Opportunities Along Path
- Sanctuary Entrance
- Medicinal Plants Surround the Sanctuary



Medicinal Plants







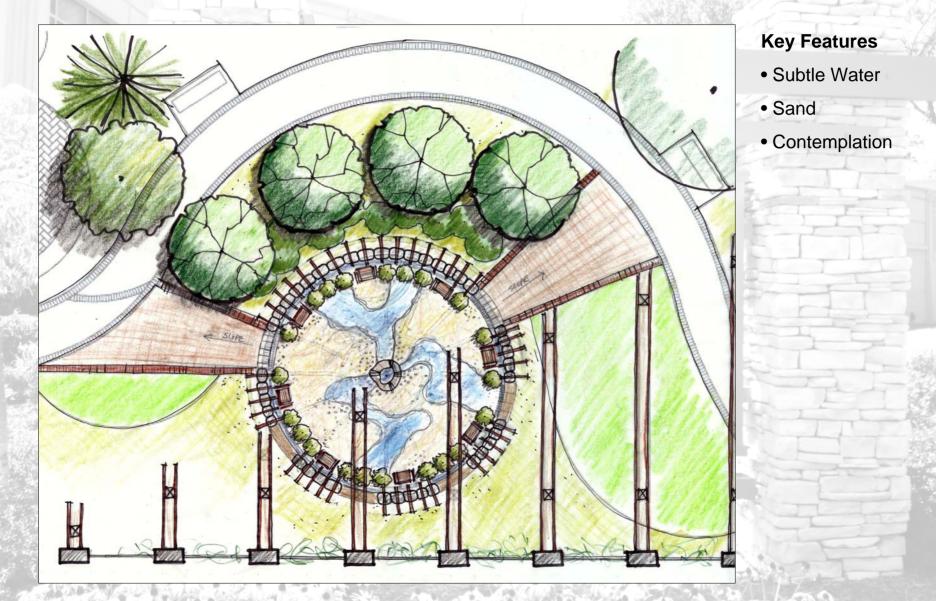
Podophyllum peltatum

Sanctuary

- Water
- Sand
- Contemplation



Sanctuary



Open Lawn Area



View From Radiation



Donation Opportunities

Inspirational vs memorial

- Benches
- Panel Walls
- Water Feature
- Tree of Life

Open Discussion

After the Break

- Needs and Desires for an Outdoor Healing Environment
- What Works?
- What Doesn't?
- Other Thoughts?

Next Steps

- Finalization of Concept Plan
- Finalization of Concept Perspectives
- Development of Marketing Brochure
- Fund raising
 - Events

CANCER CARE CENTER

Presentations